

Trainingschema Basketball Vereniging Amsterdam per 6 mei 2019

Maandag									Dinsdag			Woensdag						Donderdag														
Van Hogendorphal									Laan v.Spartaan			Van Hogendorphal			Laan v.Spartaan			Van Hogendorphal														
hal 1			hal 2			tijdblokken			LvS	tijdblokken		hal 1			hal 2			LvS		tijdblokken			hal 1			hal 2			tijdblokken			
veld 1	veld 2	veld 3	veld 1	veld 2	veld 3				veld 1			veld 1	veld 2	veld 3	veld 1	veld 2	veld 2	veld A	veld B		veld 1	veld 2	veld 3	veld 1	veld 2	veld 3	veld 1	veld 2	veld 3			
						15.30-16.00				15.30-16.00	Basketball'sCool									15.30-16.00										15.30-16.00		
						16.00-16.30				16.00-16.30										16.00-16.30										16.00-16.30		
						16.30-17.00				16.30-17.00										16.30-17.00										16.30-17.00		
U10	U12	U12				17.00-17.15				17.00-17.15	U12	U12	U12	U10	U10	U10				17.00-17.15										17.00-17.15		
U10	U12	U12				17.15-17.30				17.15-17.30	U12	U12	U12	U10	U10	U10				17.15-17.30										17.15-17.30		
U10	U12	U12				17.30-17.45				17.30-17.45	U12	U12	U12	U10	U10	U10				17.30-17.45	U14	U14/U18	U18							17.30-17.45		
U10	U12	U12				17.45-18.00				17.45-18.00	U12	U12	U12	U10	U10	U10				17.45-18.00	U14	U14/U18	U18							17.45-18.00		
U10	U12	U12				18.00-18.15				18.00-18.15	U12	U12	U12	VU16	U22					18.00-18.15	U14	U14/U18	U18	U16	U16	U16				18.00-18.15		
U14	U14/U16	U16				18.15-18.30			U14-3 tot 11 mei	18.15-18.30	U12	U12	U12	VU16	U22					18.15-18.30	U14	U14/U18	U18	U16	U16	U16				18.15-18.30		
U14	U14/U16	U16				18.30-18.45				18.30-18.45				VU16	U22					18.30-18.45	U14	U14/U18	U18	U16	U16	U16				18.30-18.45		
U14	U14/U16	U16				18.45-19.00				18.45-19.00				VU16	U22					18.45-19.00	U14	U14/U18	U18	U16	U16	U16				18.45-19.00		
U14	U14/U16	U16				19.00-19.15				19.00-19.15				VU16	U22					19.00-19.15	U14	U14/U18	U18	U16	U16	U16				19.00-19.15		
U14	U14/U16	U16				19.15-19.30				19.15-19.30				VU16	U22					19.15-19.30	HVet	D2		U16	U16	U16				19.00-19.15		
U14	U14/U16	U16				19.30-19.45				19.30-19.45				VU16	U22					19.30-19.45	HVet	D2		D-Rec1			H4			19.15-19.30		
D2	D1	U20/22	U18	U18	D3	19.45-20.00				19.45-20.00	Leeftijdscategorieën 2019/2020			H1	D-Rec2	19.30-19.45				19.30-19.45	HVet	D2	D1	D-Rec1			H4			19.30-19.45		
D2	D1	U20/22	U18	U18	D3	20.00-20.15				20.00-20.15	Leeftijden:	geboren:	H1	D-Rec2	19.45-20.00				19.45-20.00	HVet	D2	D1	D-Rec1			H4			19.45-20.00			
D2	D1	U20/22	U18	U18	D3	20.15-20.30				20.15-20.30	U10	>2010	H1	D-Rec2	20.00-20.15				20.00-20.15	D3	H6	D1	D-Rec1			H4			20.00-20.15			
D2	D1	U20/22	U18	U18	D3	20.30-20.45				20.30-20.45	U12	08-'09	H1	D-Rec2	20.15-20.30				20.15-20.30	D3	H6	D1	D-Rec1			H4			20.15-20.30			
D2	D1	U20/22	U18	U18	D3	20.45-21.00				20.45-21.00	U14	06-'07	H1	D-Rec2	20.30-20.45				20.30-20.45	D3	H6	D1	D-Rec1			H4			20.15-20.30			
H3	H2	H4	H1	H6	H5	21.00-21.15				21.00-21.15	U16	04-'05	H1		20.45-21.00				20.45-21.00	D3	H6	D1	H1	H1	H1	H1	H1	H1	20.45-21.00			
H3	H2	H4	H1	H6	H5	21.15-21.30				21.15-21.30	U18	02-'03	H1		21.00-21.15				21.00-21.15	D3	H6	H3	H1	H1	H1	H1	H1	H1	21.00-21.15			
H3	H2	H4	H1	H6	H5	21.30-21.45				21.30-21.45	U20	00-'01	H1		21.15-21.30				21.15-21.30	H5	H2	H3	H1	H1	H1	H1	H1	H1	21.15-21.30			
H3	H2	H4	H1	H6	H5	21.45-22.00				21.45-22.00	U22	98-'99	H1		21.30-21.45				21.30-21.45	H5	H2	H3	H1	H1	H1	H1	H1	H1	21.30-21.45			
H3	H2	H4	H1	H6	H5	22.00-21.15				22.00-21.15	Senioren	97 en eerder	H1		21.45-22.00				21.45-22.00	H5	H2	H3	H1	H1	H1	H1	H1	H1	21.45-22.00			
H3	H2	H4	H1	H6	H5	22.00-21.15				22.00-21.15	18.00-19.00 uur Groene Zaal			M= jongens	D=dames				22.00-21.15	H5	H2	H3							22.00-21.15			
H3	H2	H4	H1	H6	H5	22.15-22.30				22.15-22.30	Na 19.00 uur de Parse Zaal			V=meisjes	H=heren				22.15-22.30	H5	H2	H3							22.15-22.30			

Laatste training in Van Hogendorphal donderdag 27 juni.